



Activity #5: Brain Treats

A Brain Module Activity: **Can Smell Control Your Taste?**

Description

Can your brain taste without eating? In this activity, we will ask you to smell scents of different foods. Let us know what you imagine the flavor of the food would be based on the scent. There are 5 possible flavors: sweet, sour, salty, bitter, and umami(savory). Fulfill your appetite in this activity or just become hungrier.

1

Prepare Yourself

You will soon be entering a paradise, or a cursed paradise in which you can satisfy your delicious tastes with smell, but never be given the treats that produce those scents.

2

Guess the Flavors

Your brain's sensation of smell has been linked to the sensation of taste. That is why food tastes bland if you hold your nose and eat. Let's see if you can still taste without eating. Guess as many flavors correctly as you can. By the end of the session, the person with the most points will be declared the biggest foodie.

